

KOBIDO, BEAUTY & WELLNESS PROFESSIONAL PORTFOLIO



MY NAME IS AGA AND I WOULD LIKE TO INVITE YOU
TO JOIN ME ON THE KOBIDO & BEAUTY'S JOURNEY.

ABOUT ME:

Agnieszka Kowalska:

- Level 4 Licensed KOBIDO® & Facialist, certified by Dr Shogo Mochizuki, a 26th Generation Master of Kobido®, the successor and head of the ancient Kobido® lineage, the oldest and most technically advanced form of facial in Japan.
- Apprentice of the Grandmaster of Kobido®.
- KOBIDO® Facial with Organic Skincare products.
- International Kobido® Facialist Association member.
- Beauty Educator/Lecture.
- Oncology Beauty Therapist.
- Yoga & Meditation Teacher.
- Specialize globally in Women's Menopausal and Hormonal Health.
- Owner of Kobido Aga San and Bliss In Me – Yoga & Meditation Retreats.
- Clinical Aromatherapy Supervisor.
- Organizer of Holistic Yoga & Wellness Retreats all over the world.
- Have worked in the Health and Wellness Industry for over 20 years.



MY PATH TO BEAUTY:

Kobido, Beauty & Wellness were initially only supposed to be a part of my life, but it soon turned into a way of my Organic Yoga Lifestyle – a perfect combination for those who want to choose **Mother Nature's Path – an organic lifestyle – simple, healthy and close to nature.**

Yoga, Meditation, Travel, Aromatherapy, Ayurveda, Beauty Care, Women's Health, Well-Being, and Organic Yoga Lifestyle play a big part in my life.

I love traveling and discovering new places, tastes, smells and sounds, as well as meeting people who share an interest in spreading the same ideas and motivation to discover the source of a **real holistic Beauty, Beautiful People, Inner Balance and Happiness.**



PROFESSIONAL BACKGROUND:

The Most Important Kobido & Beauty Training and Courses Include:

- KOBIDO® – Traditional Japanese Facial Massage (KOBIDO® Japan, Tokyo).
- Beauty & Spa Management Professional Course.
- Holistic Menopause, Skin & Nutrition Coach.
- Oncology Esthetics Professional International Training.
- Clinical Aromatherapy – Advanced Level.
- Japanese Spa Management.
- Ayurvedic Wellness Therapist.



BEAUTY & WELLNESS RETREATS:

I also organize intimate Beauty & Wellness Retreats all over the world, especially in Japan, India, Greece and Bali.

I offer a unique combination of holistic treatments, including Kobido Facial Massage, Hormone Yoga Therapy & Menopause Skin, Aromatherapy and Ayurvedic treatments to provide a deep transformative and nourishing experience through working with your Body, Mind and Soul.

*KOBIDO AGA SAN HAS BEEN CREATED FOR YOU.
INSPIRED BY BEAUTY AND HAPPINESS...*



AGNIESZKA KOWALSKA



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